



ILLUMINATING
OPPORTUNITIES
IN A TIME OF CHANGE



52ND ANNUAL EDUCATIONAL MEETING

Saturday, April 18–Tuesday, April 21, 2020

Loews Sapphire Falls Resort at Universal Orlando™ | Orlando, FL

Earn up to 42 CE hours!

Improve Your Practice by Attending the AANN Annual Meeting!

Learn the latest research and novel approaches in neuroscience nursing at the AANN Annual Meeting. Share your new knowledge with your colleagues and improve the care of your patients.

Make Connections

Connect with neuroscience leaders from around the world who face similar challenges as you. Share best practices and build relationships.

Shine a Light on Your Career

The Annual Meeting will inspire you and reignite your passion for neuroscience nursing. The meeting has education to meet your needs whether you are new to the field or a seasoned professional.

Discover Orlando

Stay an extra day or two to enjoy Orlando—the Theme Park Capital of the World! Bring your family and enjoy an unforgettable experience as you discover attractions you can't experience anywhere else!

At the AANN Annual Meeting you can

- earn up to 42 hours of CE
- listen to captivating featured speakers
- attend educational sessions directed at your interests and level of practice
- network with neuroscience nurses from around the world to gain insight into your practice and career
- connect with exhibitors to learn about new products and programs
- explore Orlando and the Universal Orlando™ theme park.

Save **\$100** by registering before the early-bird deadline of Thursday, March 5, 2020. You can also save on registration fees if you're a member of AANN.

THANK YOU TO OUR INDUSTRY RELATIONS COUNCIL PARTNERS

Executive Level



Corporate Level



Preconference Events to Help Improve Your

The following are extra-cost events, **not included in the Annual Meeting registration fee**. Preregistration is required.

Saturday, April 18

8 am–5 pm

Level: Intermediate | I Track: Special Topics (001) CNRN Review Course

Course Director: Erin Fecske, DNP APRN CNRN CPNP

This abbreviated, 1-day review course will get you on the right track in preparing you for the CNRN. Spend the morning reviewing anatomy and physiology to provide you with a basis for understanding neurological disease process. The afternoon will focus on providing an overview of several topics you will find on the CNRN exam, with a focus on subspecialty topics such as immune/infection, chronic disease/care, and pediatrics.

8 am–5 pm

Level: Intermediate | I Track: Movement Disorder (002) Overview of Treatment and Care for Parkinson's Disease for the Advanced Nursing Professional

Course Director: Lawrence Elmer, MD PhD

As the number of patients with Parkinson's disease (PD) increases, there is a growing need for nurses to understand, treat, and care for these patients. Attendees of this workshop will be guided by a faculty of nursing professionals that will provide lectures and panel discussions to instruct attendees to become more knowledgeable on working with PD from the beginning to late stages of the disease progression. Topics will include advances in the medical and surgical management of PD, as well as the growing role of interdisciplinary approaches and exercise in the management of PD. This course will aim to provide the attendees with relevant knowledge on the care of PD, but will also include a short overview of PD and other movement disorders as a knowledge base to the course.

8–10 am

Level: Beginner | B Track: Special Topics (003) Basic Neuroimaging: More Than Fifty Shades of Grey

Cathy Cartwright, MSN RN-BC FAAN; Rachel Malloy, MSN RN CNRN SCRNP ANVP

Interpreting neuroimaging gives an added dimension to understanding the complexity of the neuroscience patient. It also allows the neuroscience nurse to review images with the family so they might gain a better understanding of the diagnosis. Yet many neuroscience nurses do not have the opportunity to learn the basics. This presentation will discuss CT, MRI, shunt series, shunt-o-gram, ultrasound, angiography, perfusion studies, and the use of contrast media, including the rationale for ordering each scan.

8–10 am

Level: Beginner | B Track: Movement Disorder (004) Usual and Unusual Neurological Syndromes—and Ones that Make You Go Hmmm?

Kathryn Funk, MSN RN CNRN SCRNP

This session will introduce the audience to some of the more unusual neurological conditions, such as Supranuclear Palsy and Acute Flaccid Myelitis, and provide a comparison of these conditions with some of the more common neurological conditions such as stroke, seizure, and Parkinson's. The lecture will include case studies and pictures to allow audience participation to help discern the differences and similarities among the various neurologic syndromes. The lecture will end with coverage of some really rare and

Practice and Expand Your Influence

interesting neurologic conditions such as Capgras Delusion, Alien Hand Syndrome, and Cotard's Syndrome.

8 am–Noon

Level: Intermediate | 1 Track: Anatomy **(005) 3D Brain and Spine Anatomy and Pathology**

Linda Littlejohns, MSN RN CNRN SCR N FAAN

If you have been puzzled by your patients' symptoms and have wondered how to plan their care or discuss the problem with them, their family, or other healthcare team members, this session is for you. A sound knowledge of brain and spine anatomy is essential for neuroscience nursing practice, and the 3D Anatomage program is invaluable in answering all your questions as we discuss stroke, trauma, and degenerative diseases.

1–5 pm

Level: Intermediate | 1 Track: Special Topics **(006) Anesthesia 101 for the Neuroscience Nurse: Understanding Its Role and Use in the Neuroscience Patient Population along the Continuum of Care**

Cynthia Blank-Reid, MSN RN TCRN CEN; Caleb Rogovin, MS CRNA CCRN CEN TCRN

Every year thousands of neuroscience patients receive anesthesia or anesthetics in a multitude of settings. With the different types of anesthetics patients are receiving, the nurse all too often has little knowledge of the side effects or complications that can occur once the patient is under their care and the peri-operative team is no longer present. This lecture will discuss the most common anesthetic agents a neuroscience patient might receive during a procedure, including routes, doses, benefits, complications, nursing care implications, and side effects. Discussion will include an array of agents utilized for various neuro procedures in addition to anesthetics to avoid with various neuro diseases and injuries. Specific anesthesia will be discussed in addition to pain management.

1–5 pm

Level: Intermediate | 1 Track: Spine **(007) Spinal Cord Injury: From Roadside to Rehab and Beyond**

Course Director: Dea Mahanes, DNP RN CCNS CNRN FNCS

Spinal cord injury (SCI) significantly impacts patients and their families, from the initial injury through hospitalization, rehabilitation, and return to the community. Nurses with knowledge of current evidence can contribute to improved outcomes. This session will review best practices in the care of SCI patients across the continuum, including early management strategies, prevention of complications, and attention to psychological and social factors.

AANN is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation in Nursing Continuing Professional Development. All contact hours are subject to change as the Annual Meeting approaches. Please visit AANN.org/AnnualMeeting for more information on contact hours.

Visit AANN.org/AnnualMeeting to view the full schedule,
for more information, and to register!



ORLANDO

Unforgettable experiences are waiting for you in Orlando! Visit the incredible theme parks, world-class restaurants, luxury shopping, gorgeous golf courses, and more! The Loews Sapphire Falls Resort at Universal Orlando™ is conveniently located within walking distance of Universal's three amazing theme parks and offers early park admission and complimentary shuttles between the parks and hotel.

Venue

Meeting & Hotel Location:

Loews Sapphire Falls Resort at Universal Orlando™
6601 Adventure Way
Orlando, FL 32819
407-503-5000

Rate:

\$199 (single/double) or \$224 (triple)

Cutoff Date:

Monday, March 9, 2020

Check in time: 4 pm

Check out time: 11 am

Reservations:

Loews Reservation Center: 866-360-7395

Make your hotel reservation online at AANN.org/PlanYourTrip

WAYS TO SAVE

Save \$100 when you register by Thursday, March 5, 2020.

Save when you join AANN and register for the Annual Meeting.

Register 5 nurses, get the 6th registration FREE!

Featured Speakers

Sunday, April 19

8–9:30 am



Keynote Address

Finding Florence: Resilience and Compassion in the Crevices of Care

Tim Cunningham, DrPH MSN RN FAAN

Tim Cunningham examines these two concepts that are often misused and misunderstood in health care. Cultures of blame, burnout, and emotional exhaustion can foster misconceptions of resilience, compassion, and authentic, quality care in the light of complex medical systems. Cunningham will provide an interactive keynote engaging listeners and the power of storytelling to help us all rethink resilience and compassion. His experiences working as first an actor, then hospital clown, and finally as an emergency nurse who has worked in various humanitarian settings, including the West Africa Ebola outbreak, come together to help frame what matters most when it comes to caring for another person.

Monday, April 20

8:30–10 am



Booze, Drugs, and My Brain: From Hopeless to Healthy

Laurie Dhue

Laurie Dhue provides a better understanding of substance use disorder and recovery without attaching stigma. A Certified Recovery Specialist and National Recovery Advocate, Dhue will share her harrowing journey through 18 years of alcoholism and drug addiction, along with her inspirational 13 years of recovery. She will discuss her experiences with concussion and the results of her own brain scan conducted by one of the world's leading brain disorder specialists, Dr. Dan Amen. During her talk, Dhue will also provide an update on the opioid epidemic, health and wellness solutions for those in active addiction and recovery, and how nurses can best support the healing process. She will also talk about how important it is for healthcare professionals to advocate for their patients and families, no matter the source of the brain injury or brain impairment.

Tuesday, April 21

8–9:45 am



Evidence-Based Practice and Clinician Well-Being: Two Essential Strategies to Reach the Quadruple Aim in Health Care

Bernadette Mazurek Melnyk, PhD APRN-CNP FAANP FNAP FAAN

This presentation will describe the current state of evidence-based practice (EBP) and clinician well-being across the United States. Evidence-based strategies for advancing and sustaining EBP and clinician well-being will be highlighted.

Special Events

Saturday, April 18

3–4:30 pm

Innovation Corner in the Exhibit Hall

Innovation Corner is a special preconference session connecting neuroscience nurses with the latest technologies and innovations in neuroscience care. This is an opportunity to interact with the latest treatments, devices, and products that enhance nursing practice and patient care and outcomes. Innovation Corner will feature up to 8 stations with hands-on demonstration of new technologies and innovations. This session does not offer CE.

Sunday, April 19

10:30–11:30 am

Being a Change Agent

Susan B. Fowler, PhD RN CNRN FAHA; Ebonye Green, MN Sc APRN ACNPC-AG CNRN; Noah Jacobson, MN RN CCRN-K SCRN

Neuroscience nurses connect with people daily. We create relationships with our neuroscience patients and their support systems through our actions and words. The key to successful advocacy is sharing a concise and compelling story about your patient population to those who influence policy. By illuminating our daily interactions and creating opportunities, we can create change for neuroscience patients. This interactive session will feature a personal account of advocacy for the traumatic brain injury patient population from Dr. Sue Fowler and a panel discussion on being a change agent in your own facility.

Monday, April 20

12:15–1:45 pm

Non-CE Symposium—Not all OFFs are the Same: A Discussion on Parkinson's Disease and OFF Episodes

Supported by Sunovion

Tuesday, April 21

9:55–10:55 am

Is Inclusion an Illusion? Challenging Ourselves to Lead

Panel moderator: Mary McKenna Guanci, MSN RN CNRN SCR N

Panelists: Lawrence Chyall, MS RN CNS CNRN; Katelyn Bushey, MSN RN ACNS-BC; and Susanna Schwiesow, BSN RN

This interactive course will explore strategies for enhancing awareness and fostering inclusiveness. We will explore behaviors that challenge the creation of inclusive environments and may disrupt the benefits of diversity in the workplace. The course will provide the necessary knowledge and skills for future leadership within an evolving global leadership paradigm.



8735 W. Higgins Road, Suite 300
Chicago, IL 60631
AANN.org/AnnualMeeting

Save **\$100** when you register by

THURSDAY, MARCH 5, 2020!

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