

The background of the poster is a black and white photograph of a canal scene. On the left side of the canal, there is a long, narrow outdoor seating area. Numerous tables and chairs are arranged along the edge, and many people are seated at them. Above the seating area, a long row of colorful umbrellas in various colors (red, orange, yellow, green, blue) is open, providing shade. The canal water is visible on the right side, and the buildings and trees along the opposite bank are visible in the background.

Connecting Educating Inspiring

53RD ANNUAL EDUCATIONAL MEETING

Saturday, April 17–Tuesday, April 20, 2021

[AANN.org/AnnualMeeting](https://www.aann.org/AnnualMeeting)

Join us online!

Connecting

Connect with neuroscience leaders from around the world who face similar challenges as you. Share best practices and build relationships. The AANN Annual Meeting is the best place to connect and collaborate with your neuroscience nursing peers.

Educating

The sessions will meet your educational needs, whether you are new to the field or a seasoned professional. The meeting covers a variety of neuroscience topics, such as neurocritical care, anatomy, neuro-oncology, pediatrics, stroke, professional development, epilepsy, neurotrauma, quality, pharmacology, leadership, cerebrovascular, movement disorders, spine, and more.

Inspiring

The Annual Meeting will inspire you and reignite your passion for neuroscience nursing. Approach your patients' care with the latest scientific research and share your new knowledge with your team to provide optimal care.

At the AANN Annual Meeting you can

- earn up to 30 hours of CE
- listen to captivating featured speakers
- attend educational sessions directed at your interests and level of practice
- network with neuroscience nurses from around the world to gain insight into your practice and career
- connect with exhibitors to learn about new products and programs.

The 2021 Annual Meeting will provide new opportunities for interactive education in the form of key sessions being broadcast online. Attend the Annual Meeting in person in San Antonio, or watch select sessions online from the comfort of your home or workplace. For more information, visit AANN.org/AnnualMeeting/schedule.

AANN is monitoring the COVID-19 situation. Our top priority is the safety of our attendees, exhibitors, and staff. We will continue to follow recommendations from the Centers for Disease Control and Prevention, the World Health Organization, and state and local health authorities. If travel or in-person meeting restrictions are in place at the time of the Annual Meeting, attendees will be offered options that include virtual programming or full refunds.

**Save \$100 by registering
before the early-bird deadline
of Thursday, March 4, 2021.**

Featured Speakers



Sunday, April 18

8-9:30 am | **KEYNOTE ADDRESS**

Through the Mask: Staying Connected and Maintaining Compassion Through Challenging Times

Tim Cunningham, DrPH RN FAAN

In reflection of the traumas witnessed during 2020—COVID-19, the social injustice in the United States, financial uncertainty, and navigating social distancing for the long-haul—this interactive presentation will offer some new and perhaps newly unshelved ideas about how we move forward during great stress, together. Lessons learned from people around the globe will bring home a local message, one that we can bring back to our teams and families.



Monday, April 19

8:30-10 am

Understanding the “Bizarre” and “Unique” World of Epilepsy

Stacia Kalinoski

“You must have a multiple personality disorder,” one man told me after witnessing a seizure. “Psychotic episode” was a coworker’s description. “Bizarre” and “unique,” wrote one of my doctors. Seizures come in many forms, and nurses are patients’ first source of calm after the storm. In this session, I share my personal journey, along with video clips. Recognizing uncommon seizures and different postictal states can help you better understand and care for your patients.



Tuesday, April 20

8-9:45 am

Health Disparities in Neurological Diseases: NIH Role

Richard Benson, MD PhD

In 2002, the Institute of Medicine published a report titled, “Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care.” This report concluded that racial and ethnic disparities in health care do exist, and that many sources, including healthcare systems, healthcare providers, patients, and utilization managers, are contributors. In light of this report, and continued inequalities highlighted by the COVID-19 pandemic, the National Institute of Neurological Disorders and Stroke (NINDS) continues its effort to address neurological healthcare inequalities during its current strategic planning process.

Preconference Events to Help Improve Y

The following are extra-cost events, **not included in the Annual Meeting registration fee**

Saturday, April 17

8 am–5 pm

I Track: Special Topics

(001) CNRN Review Course

Course Director: Erin Fecske, DNP APRN CNRN CPNP

This abbreviated 1-day review course will get you on the right track and prepare you for the CNRN exam. Spend the morning reviewing anatomy and physiology to provide you with a basis for understanding neurological disease process. The afternoon will focus on providing an overview of several topics you will find on the CNRN exam, with a focus on subspecialty topics such as immune/infection, chronic disease/care, and pediatrics.

8 am–Noon

I Track: Anatomy

(002) 3D Brain and Spine Anatomy and Pathology

Speaker: Linda Littlejohns, MSN RN SCRNCNRN FAAN

If you have been puzzled by your patients' symptoms and have wondered how to plan their care or discuss the problem with them, their family, or other healthcare team members, this session is for you. A sound knowledge of brain and spine anatomy is essential for neuroscience nursing practice, and the 3D Anatomage program is invaluable in answering all your questions as we discuss stroke, trauma, and degenerative diseases.

10 am–Noon

I Track: Special Topics

(003) Basic Neuroimaging: More Than Fifty Shades of Grey

*Speakers: Cathy Cartwright, DNP RN-BC PCNS FAAN;
Rachel Malloy, MSN RN SCRNCNRN*

Interpreting neuroimaging gives an added dimension to understanding the complexity of the neuroscience patient. It also allows the neuroscience nurse to review images with the family so they might gain a better understanding of the diagnosis. Yet many neuroscience nurses do not have the opportunity to learn the basics. This presentation will discuss CT, MRI, shunt series, shunt-o-gram, ultrasound, angiography, perfusion studies, and the use of contrast media—including the rationale for ordering each scan.

1–5 pm

B Track: Special Topics

(004) Anesthesia 101 for the Neuroscience Nurse: Understanding Its Role and Use in the Neuroscience Patient Population along the Continuum of Care

*Speakers: Cindy Blank-Reid, MSN RN TCRN CEN;
Caleb Rogovin, MS CRNA CCRN CEN*

Every year, thousands of neuroscience patients receive anesthesia or anesthetics in a multitude of settings, including the perioperative and critical care arena, the med/surg floor, and non-hospital locations. All too often with the different types of anesthetics patients are receiving, the nurse has little knowledge of the side effects or complications that can occur once the patient is under their care and the perioperative team is no longer present. This lecture will discuss the most common anesthetic agents a neuroscience

Your Practice and Expand Your Influence

. Preregistration is required.

patient might receive during a procedure as well as the routes, doses, benefits, complications, nursing care implications, side effects, etc. Discussion will include an array of agents utilized for various neuro procedures in addition to anesthetics to avoid with various neuro diseases and injuries. Specific anesthesia use for stroke, aneurysm, arteriovenous malformation, head injury, spinal surgery, epilepsy, and brain tumors will be discussed in addition to pain management.

1-5 pm

I Track: Spine

(005) Spinal Cord Injury: From Roadside to Rehab and Beyond

Course Directors: Dea Mahanes, DNP RN CCNS CNRN FNCS; Julie Pagel, MSN RN CCRN SCR N CNE-cl

Spinal cord injury (SCI) significantly impacts patients and their families, from the initial insult through hospitalization, rehabilitation, and return to the community. Nurses with knowledge of current evidence can contribute to improved outcomes. This session will review best practices in the care of SCI patients across the continuum, including early management strategies, prevention of complications, and attention to psychological and social factors.

This session is supported by Grant #854 from the Paralyzed Veterans of America Education Foundation.

The American Association of Neuroscience Nurses is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. All contact hours are subject to change as the Annual Meeting approaches. Please visit AANN.org/AnnualMeeting for more information on contact hours.

Sponsored Sessions

Monday April 19, 2021

**Morning Symposium
(Live and Virtual)**

6:30-8 am

**Program Topic: Multiple Sclerosis
(MS)**

*Sponsored by:
Janssen Pharmaceuticals, Inc.*

**Afternoon Symposium
(Live and Virtual)**

12:15-1:45 pm

Program Topic: TBD

KEY

B **Beginner skill or practice level** (new to the field, topic, or care of acute and critically ill patients)

I **Intermediate skill or practice level** (has worked in the field and is proficient in skills, research, and practice pertaining to the care of acute and critically ill patients)

Visit AANN.org/AnnualMeeting to view the full schedule, for more information, and to register!

Special Events

Monday, April 19, 2021

5:30-7 pm

AMWF Movie Screening of *Brainstorm*

How does the brain suddenly start short-circuiting and cause strange, uncontrollable behaviors? With multiple types of seizures, education is needed to dispel myths and misunderstandings surrounding epilepsy. ***Brainstorm*** aims to reduce the stigma through education, with a focus on the denial, hope, and determination that comes with living with seizures. Filmmaker Stacia Kalinoski, as well as a former college football coach, a young boy in Atlanta, and their families, share their struggles and triumphs to raise awareness.

The movie is 55 minutes long and will be followed by a Q&A with Stacia Kalinoski. An additional \$30 fee applies.

b-r-a-i-n-s-t-o-r-m

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