



Western States Affiliate
— 3rd Annual —
Stroke Champion
Boot Camp

Thursday, November 3, 2016 • 7:00AM-4:30PM

Friday, November 4, 2016 • 7:30AM-3:30PM

DoubleTree by Hilton
Anaheim- Orange County

100 The City Drive
Orange, CA 92868

Register Today!



Medtronic

Supports the American Heart Association/
American Stroke Association's Cryptogenic Stroke Initiative.

Please note that the Cryptogenic Stroke initiative and any related sessions are not part of the CE-certified program.

Day 1: Thursday, November 3, 2016

Time	Presentation Title	Speaker	Track
7:00am-8:00am	Registration, Breakfast, and Exhibits		General Session Grand Ballroom Foyer
8:00am-8:15am	Welcome and Opening Remarks	Rea Anne Arcangel, BSN, MBA <i>American Heart Association/ American Stroke Association</i>	General Session Grand Ballroom
8:15am-8:45am	The Why: Stories from Stroke Survivors	Bri Winkler <i>ABC7 Meteorologist American Heart Association Western States Affiliate Board Member</i> Gracie Doran <i>American Heart Association Western States Affiliate Stroke Ambassador</i>	General Session Grand Ballroom
8:45am-9:45am	Addressing Patients with Cryptogenic Stroke <ul style="list-style-type: none"> Review potential causes of cryptogenic stroke and provide strategies for education and supporting patients and caregivers. 	Christie Artuso, Ed.D, RN, CNRN, SCRN, FAHA, FACHE <i>Providence Regional Medical Center Everett Everett, WA</i>	General Session Grand Ballroom <i>Please note that the Cryptogenic Stroke initiative and any related sessions are not part of the CE-certified program.</i>
9:45am-10:00am	Break and Exhibits		General Session Grand Ballroom Foyer
10:00am-10:45am	Beginning to Read Head CT, MRI, CTA <ul style="list-style-type: none"> Learn key aspects of various brain imaging techniques for stroke patients and review differential diagnoses based on images. 	Wengui Yu, MD, PhD <i>University of California, Irvine Health Neurology Services Orange, CA</i>	General Session Grand Ballroom
10:45am-11:30am	Review of Current Intervention Techniques <ul style="list-style-type: none"> Review endovascular intervention techniques for treatment and apply significance and policies surrounding endovascular protocols for Interventional Radiology candidates. 	James Frey, MD <i>St. Joseph Hospital & Medical Center Barrow Neurological Institute Phoenix, AZ</i>	General Session Grand Ballroom
11:30am-12:15pm	What's New in Anti-Coagulation for Stroke <ul style="list-style-type: none"> Discuss the role of anticoagulation therapy in the acute treatment and prevention of stroke. 	Felix Yam, Pharm.D., M.A.S., BCPS-AQ <i>University of California, San Diego San Diego, CA</i>	General Session Grand Ballroom

Day 1: Thursday, November 3, 2016

Time	Presentation Title	Speaker	Track
12:15pm-1:00pm	Lunch and Exhibits		General Session
1:00pm-1:45pm	Data - Nuts & Bolts for a Stroke Coordinator: Abstractor, Data Analysis <ul style="list-style-type: none"> Identify essential components of the Get With The Guidelines Patient Management Tool and how they can be use for data analysis to drive performance improvement. 	Lisa L. Marcos, MSN, RN <i>Kaiser Permanente Baldwin Park Medical Center Baldwin Park, CA</i>	Beginner
	Data - Individual Practice Patterns, Process Flows, System Changes, Policy Development <ul style="list-style-type: none"> Learn specific best practices and protocol implementation for a stroke program. 	Kirsten Featherstone, RN <i>Dignity Health Central Coast Service Area Arroyo Grande, CA</i>	Intermediate
	Data - Process Improvement Methodology PI Plan <ul style="list-style-type: none"> Utilize a specific performance improvement plan methodology to identify areas of opportunity and implement change. 	Jeanne Stueland, RN, BSN, MPA, CPHQ <i>HonorHealth Medical Center Scottsdale, AZ</i>	Advanced
1:45pm-1:50pm	Transition to Next Session		
1:50pm-2:35pm	NIH Stroke Scale <ul style="list-style-type: none"> Review the components of the NIHSS and how to score ischemic stroke patients. 	Patrick D. Lyden, MD <i>Cedars-Sinai Medical Center Los Angeles, CA</i>	Beginner
	Assessment of the Interventional Radiology Patient <ul style="list-style-type: none"> Learn to evaluate the patient who is a candidate for Interventional Radiology and how to conduct pre and post-intervention assessments. 	Lisa Freiler, BSN <i>Cedars-Sinai Medical Center Los Angeles, CA</i>	Intermediate
	Endovascular Protocols <ul style="list-style-type: none"> Discuss the significance and policies surrounding endovascular protocols for Interventional Radiology candidate patients. 	James Frey, MD <i>St. Joseph Hospital & Medical Center Barrow Neurological Institute Phoenix, AZ</i>	Advanced
2:35pm-2:50pm	Break and Exhibits		General Session Grand Ballroom Foyer



Day 1: Thursday, November 3, 2016

Time	Presentation Title	Speaker	Track
2:50pm-3:35pm	ED - Initial Evaluation of the Stroke Patient (Elements of Success) <ul style="list-style-type: none"> Detail how to accurately and efficiently conduct an initial evaluation of a stroke patient in the ED. 	Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN <i>HonorHealth Osborn Medical Center Scottsdale, AZ</i>	Beginner
	ED - After t-PA (Activase®/Alteplase): What Now: CT Perfusion/MRI/MRA—Pearls for Ordering <ul style="list-style-type: none"> Review processes for treating and managing a stroke patient given tPA (Activase®/Alteplase) who may be eligible for other treatments. 	Krystal Coffman, DNP, ACNP-BC, RN <i>Spring Valley Hospital Las Vegas, NV</i>	Intermediate
	Post Endovascular Care <ul style="list-style-type: none"> Understand the care components for a stroke patient post-Interventional Radiology procedure. 	Natalie Swearingen, MSN, RN, CNRN <i>Providence Portland Medical Center Portland, OR</i>	Advanced
3:35pm-3:40pm	Transition to Next Session		
3:40pm-4:05pm	Abstracts <ul style="list-style-type: none"> Identify important requirements needed to create and submit an abstract for an upcoming conference. 	Laurie Paletz, BSN, PHN, RN-BC SCRNI <i>Cedars-Sinai Medical Center Los Angeles, CA</i>	General Session Grand Ballroom
4:05pm-4:45pm	The Science Behind Stroke <ul style="list-style-type: none"> Understand the mechanism by which thrombin enters the brain and whether thrombin plays any other roles, such as pre-conditioning. 	Patrick D. Lyden, MD <i>Cedars-Sinai Medical Center Los Angeles, CA</i>	General Session Grand Ballroom
4:45pm-4:55pm	Closing Remarks Day 1	Ron Loomis, RN, BSN, CPHQ <i>American Heart Association/ American Stroke Association</i>	General Session Grand Ballroom

Day 2: Friday, November 4, 2016

Time	Presentation Title	Speaker	Track
7:30am-8:00am	Registration, Breakfast, and Exhibits		General Session Grand Ballroom Foyer
8:00am-9:00am	Hot Topics in Stroke (Wake Up Strokes) <ul style="list-style-type: none"> Provide a brief overview of hot topics in stroke care. 	Jeremy Payne, MD, PhD, FAHA Banner University Medical Center-Phoenix Phoenix, AZ	General Session Grand Ballroom
9:00am-9:45am	Screening for Cognitive Aspects & Depression, Depression & Stroke <ul style="list-style-type: none"> Explain cognitive impact of stroke and understanding effective screening and management of stroke patients. 	Jamie Labuzetta, MD University of California San Diego Medical Center San Diego, CA	General Session Grand Ballroom
9:45am-10:00am	Break and Exhibits		General Session Grand Ballroom Foyer
10:00am-10:45am	Survey Prep Strategies for Primary Stroke Centers <ul style="list-style-type: none"> Distinguish which strategies and knowledge are needed for the preparation and completion of a successful Primary Stroke Center survey. 	Daisyrose Lopez, RN, SCRNP, CNRN Sunrise Hospital and Medical Center Las Vegas, NV	Beginner
	Making Statistics Work to Advance Your Program Goals <ul style="list-style-type: none"> Describe options and ideas for establishing metrics that will work to advance program goals. 	Vicki Walker, BSN Spring Valley Hospital Las Vegas, NV	Intermediate
	Survey Prep Strategies for Comprehensive Stroke Centers <ul style="list-style-type: none"> Describe the necessary steps to become a successful certified site and identify strategies for successfully completing and maintaining certification. 	Julie Jurf, RN University of California San Diego Medical Center San Diego, CA	Advanced

Day 2: Friday, November 4, 2016

Time	Presentation Title	Speaker	Track
10:45am-10:50am	Transition to Next Session		
10:50am-11:35am	What is my Role? Stroke Coordinator in a Primary Stroke Center (1-2 years) <ul style="list-style-type: none"> Focus on the varying roles of the stroke coordinator including administrative, clinical, data management, and team building. 	Jeanie Hammer, RN, MSN <i>Intermountain South Region Provo, UT</i>	Beginner
	What is my Role? The Experienced Stroke Coordinator in a Primary Stroke Center (3-5 years) <ul style="list-style-type: none"> Focus of the role of the experiences stroke coordinator including continued engagement of team and growing stroke program. 	Lisa Shumaker, BSN, RN, SCRN <i>Providence Regional Medical Center Everett Everett, WA</i>	Intermediate
	What is my Role? Stroke Coordinator in a Comprehensive Stroke Center <ul style="list-style-type: none"> Focus on the varying roles of the CSC stroke coordinator including administrative, clinical, data management, and team building. 	Diane Gleeson, NP, MSN <i>St. Jude Medical Center Fullerton, CA</i>	Advanced
11:35am-11:40am	Transition to Next Session		
11:40am-12:25pm	Stroke Survivor Support <ul style="list-style-type: none"> Distinguish the opportunities that the stroke coordinator has in being a resource to stroke survivors and caregivers. 	Therese Peterson, RN, BSN, SCRN <i>Dignity Health Mercy Gilbert Medical Center Gilbert, AZ</i>	Beginner
	Optimizing Early Care and Efficient Transfers Via Telestroke <ul style="list-style-type: none"> Focus of the essentials and processes to management stroke patients effectively via telestroke. 	Alan Shatzel, DO <i>Dignity Health Neurological Institute of Northern California Sacramento, CA</i>	Intermediate
	Transitions of Care, Post Discharge - What's Next? <ul style="list-style-type: none"> Identify discharge planning considerations for the stroke patient and discuss post-discharge care and navigation through telephone follow-up calls. 	Dana Stradling, MSN, CNRN <i>University of California Irvine Medical Center Orange, CA</i>	Advanced

Day 2: Friday, November 4, 2016

Time	Presentation Title	Speaker	Track
12:25pm-1:20pm	Lunch and Exhibitors		General Session
1:20pm-2:00pm	Decreasing DTN Times for tPA (Activase® /Alteplase) and Best Practices <ul style="list-style-type: none"> • Best practices on improving door to needle times to meet the new Target: Stroke benchmark. • Distinguish techniques to expedite evaluation and transfer of patients with large vessel occlusions for endovascular treatment. 	Jeffrey Klingman, MD <i>Kaiser Permanente Walnut Creek Walnut Creek, CA</i>	General Session Grand Ballroom
2:00pm-2:15pm	Women and Stroke <ul style="list-style-type: none"> • Understanding the unique considerations in terms of risk factors, diagnosis, and management for the female stroke patient. 	Dana Stradling, MSN, CNRN <i>University of California Irvine Medical Center Orange, CA</i>	General Session Grand Ballroom
2:15pm-2:30pm	Diabetes and Stroke <ul style="list-style-type: none"> • Distinguish the new recommendations for stroke patients regarding diabetes screening. 	Krystal Coffman, DNP, ACNP-BC, RN <i>Spring Valley Hospital Las Vegas, NV</i>	General Session Grand Ballroom
2:30pm-3:15pm	Systems of Care and CSC Destination Protocols <ul style="list-style-type: none"> • Best practices and strategies for effective stroke systems of care. 	Nerses Sanossian, MD, FAHA <i>University of Southern California Los Angeles, CA</i>	General Session Grand Ballroom
3:15pm-3:30pm	Round Robin - Questions Collected Throughout Both Days <ul style="list-style-type: none"> • Open forum questions and answers for questions that remained unanswered throughout both days of the conference. 	Planning Committee	General Session Grand Ballroom
3:30pm	Closing Comments	Rea Anne Arcangel, BSN, MBA <i>American Heart Association/ American Stroke Association</i>	General Session Grand Ballroom

Meet Your Quality and Systems Improvement Team

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Program Purpose

This program aligns with the 2020 Impact Goal of the American Heart Association/American Stroke Association (AHA/ASA) which focuses on improving the cardiovascular health of all Americans by 20% while reducing deaths from cardiovascular diseases and stroke by 20% by the year 2020.

In working with our stroke champions, we have found a common trend in barriers of various aspects related to stroke including data, certification, tele-stroke, and support. We will address the different levels and responsibilities of hospital staff including system-wide and hospital-based care as well as administrative, clinical, quality improvement and supervisory duties. The conference will introduce strategies that will help stroke champions enhance relationships with their multidisciplinary team while providing ideas for professional development. Additionally, our conference will increase knowledge in the stroke center certification process as well as prepare participants for site surveys.

Another key component of the conference is providing information about the AHA/ASA Get With The Guidelines -Stroke (GWTG-Stroke) program. GWTG-Stroke is an in-hospital program for improving stroke care by promoting consistent adherence to the latest scientific treatment guidelines. Since its initiation in 2003, 2,120 hospitals have entered more than four million patient records into the GWTG-Stroke database. The GWTG Stroke program is designed to provide guidance to healthcare professionals in institutions implementing the American Heart Association's treatment guidelines for patients identified with early stroke-like symptoms. Numerous published studies demonstrate the program's success in achieving measurable patient outcome improvements. GWTG-Stroke also supports hospitals in many ways, including: access to latest research, professional education opportunities, clinical tools and resources, patient education resources, quality improvement support, and performance feedback for quality improvement.

Course Learning Objectives

Attendees will be able to provide examples of how the stroke patient population will benefit from the healthcare provider's adherence to the American Heart Association/American Stroke Association guidelines and explain quality improvement best practices relevant to caring for patients with stroke.

Upon completion of this activity, learners will be able to:

- Identify management strategies in the treatment of ischemic stroke.
 - Distinguish key factors in the role of the Interventional Radiology nurse in the care of the stroke patient pre/post procedure.
 - Identify important requirements needed to create and submit an abstract for an upcoming conference.
 - Describe key clinical factors to assess in a patient with suspected stroke.
 - Identify pitfalls and common errors when assessing acute stroke patients.
 - Describe the necessary steps to become a successful certified site and identify strategies for successfully completing and maintaining certifications.
 - Identify key components of a stroke coordinator role needed to lead the team to success.
 - List methods in the screening and management of depression in stroke patients.
 - List endovascular intervention techniques for treatment and apply significance and policies surrounding endovascular protocols for Interventional Radiology candidates.
 - Identify gaps in the organizations data, as well as individual practice patterns.
 - Identify hormonal and reproductive factors than can increase a woman's risk for stroke.
 - Identify discharge planning considerations for the stroke patient and discuss post discharge care and navigation through follow up calls.
 - Describe opportunities to coordinate care and improve the quality of care with acute rehab units.
 - Describe the key role of the stroke coordinator which are essential for a successful stroke program.
- Identify risk/benefits to the different intracranial imaging modalities frequently ordered in the acute phase of ischemic stroke evaluation.

Who Should Attend?

Nurses in Neuro, Emergency, Telemetry, Critical Care, Med/Surg, Rehab, Radiology, Intensive Care Unit, and Rapid Response, as well as Quality, Hospital Administration, Data Abstractors and anyone involved in Stroke Patient Care or Stroke Systems

Americans With Disabilities



We encourage participation by all individuals. If you have a disability, advance warning of any special needs will help us to serve you better. Check with the staff at the on-site registration table, if you require special assistance to fully participate in the meetings.

Joint Accreditation Statements



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION



American
Heart
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The American Heart Association is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME), to provide continuing education for the healthcare team.

American Nurses Credentialing Center (ANCC) - Nurses

The maximum number of hours awarded for this CE activity is 12.00 contact hours.

*ANCC Credit must be claimed within 6 months of attendance. CME/CE will no longer be available to claim after May 4, 2017.

**Medtronic is a proud supporter of the American Heart Association/American Stroke Association's Cryptogenic Stroke initiative. Please note that the Cryptogenic Stroke initiative and any related sessions are not part of the CE-certified program.

Disclosure Policy

All persons who develop and/or control educational content in CME/CE activities provided by the American Heart Association will disclose to the audience all financial relationships with any commercial supporters of this activity as well as with other commercial interests whose lines of business are related to the CME/CE-certified content of this activity. In addition, presenters will disclose unlabeled/unapproved uses of drugs or devices discussed in their presentations. Such disclosures will be made in writing in course presentation materials.

Event Registration

Register today!

\$150 Registration fee for two-days. This includes 12 contact hours and heart healthy breakfast, lunch, and snacks.

Cancellation Policy

Refunds will be made only if written notice of cancellation is received on or prior to October 21, 2016. A \$50 processing fee is charged for all refunds. Cancellation requests received after October 21, 2016, 12:00 Midnight PST will not be refunded. No refunds will be issued until 7-15 days post event.

Directions/Parking

DoubleTree by Hilton Anaheim – Orange County
100 The City Drive, Orange, CA 92868
<http://doubletree3.hilton.com>
Self parking if needed is \$10 per night

Hotel Accommodations

Limited hotel accommodations are available at the DoubleTree by Hilton Anaheim – Orange County. Reserve your room today to take advantage of the special room rate. *Special room rates are available until October 12, 2016 or until our group block is sold out.*